# HOW TO MASTER PSYCHIATRIC DISORDERS-A MODULE.

# CLASS 1

- 1) Introduction of Homeopathic Psychiatry.
- 2) Difficulties and obstacles in psychiatric case taking.
- 3) A multimiasmatic psychiatric case with seven diagnosis finally cured by Homeopathy.

Witness a life Transformation with Homeopathy!

# CLASS 2

- 1) Causes behind psychiatric diseases.
  - a) Genetic
  - b) Material
  - c) Energetic causes.
- 2) Transmission of the mother's state during pregnancy to the unborn child.
- 3) Explaination of few common terms of psychiatry.
  - Anxiety
  - Fear( a video case about fear of men)
  - Phobia
  - Panic attack
  - Neurosis
  - Psychosis
  - 4) What is Hysteria?

-its rubrics.

-A clinical case study.

# 5) Why Materia Medica is the final court of appeal?

# **CLASS 3**

- 1) Clinical importance of Individualisation
- 2) Case Taking in Psychiatric Case.

# a] case taking for subjective symptoms (explanation of following points with examples)

- 1. Avoid leading question.
- 2. Maintain Objectivity.
- 3. Keep good records.
- 4. Sequence of case history.
- 5. Lead conversation for chief complaint and physical generals.
- 6. Let the patient lead for mental symptoms
- 7. Pay attention to the first thing the patient mention.
- 8. Probe the patient with 'what else?'
- 9. Let the companion to add data.
- 10. Ask direct single question.
- 11. Check the sensitivity level.
- 12. Situational Response of patient.

#### CLASS 4

# 1) Continuation of subjective case taking

- 13. Check anxiety, Fears and phobia.
- 14. Ask for confidence level, decision making capacity.
- 15. Check for guilt conscious, temperament, violence.
- 16. Ask about destructiveness, resentment, hatred feeling jealousy, envy and affections.

- 17. Sexual desires.( A video)
- 18. Lasciviousness.
- 19. Eyes do not lie!
- 20. If patient hiding something.
- 21. Types of thoughts.
- 22. Check his patience level.
- 23. Impulsive is compulsive! (a video)
- 24. Aversion and cravings.

## **CLASS 5**

# 1) Continuation of subjective case taking

- 25. What was the greatest sorrow and how did he react/ bear it?
- 26. Ask about any emotional trauma, honor wounding and the most embarrassing moment of life.
- 27. Find out concomitants.
- 28. Childhood or past history of patient.
- 29. Aetiology.
- 30. Family history.

# 2] Steps for Objective case taking.

- 1. What did I observe?
- 2. Frowning.
- 3. Gesture.
- 4. Stammering (a video)
- 5. Posture ,Restless leg
- 6.way of answering
- 7. Weeping alternating with laughter –
- 8. Loquacity
- 9. Sarcastic behavior
- 10. Weeping (two videos)
- 11. Laughing

- 12. Self-esteem, egotism, selfishness, haughtiness, suspiciousness.
- 13. Cross check with companion.
- 14. Case taking in child or infant.

c)How much time is required to record psychiatric case?

# CLASS 6

- 1) OCD (Obsessive Compulsive Disorder)
- 2) Common Ocds we get in practice with its Rubrics with video clip.
- 3) Hypochondriasis and its rubrics.
- 4) 20 golden secrets to overcome the failure in dealing psychiatry with homeopathy-( with all ahphorism reference from practical Organon and a video case)

# CLASS 7

- 1) Potency selection in Psychiatric cases.
- 2) What to be treated first chronic or acute?
- 3) Is a single remedy sufficient in psychiatric cases?
- 4) Is Constitutional remedy a myth?
- 5) Dreams and Delusion help to find out remedy and miasm.( a video)

# **CLASS 8**

- 1) A case of Bipolar Depression with the retrospective study of the given remedy.( a video)
  - 2) How to handle relapse in psychiatric cases?
  - 3) Importance of past and family history in psychiatric cases.
  - 4) What do you want- Recovery or Cure?

#### CLASS 9

- 1) A case of Paranoid Schizophrenia cured with Homeopathy; Analysis of remedy.
- 2) Treat acute diseases to unlock psora.
- 3) What is the right time to put homeopathic remedy?

4) How to decide Prognosis in Psychiatric Disorders.

## CLASS 10

- 1) Introduction of ADHD.
- 2) Causes and types of ADHD.
- 3) Homeopathic Approach to ADHD with video examples.
- 4) Explanation of Oppositional Defiant Disorder and Conduct Disorder with video case.

# CLASS 11

- 1) Materia Medica of the remedies useful in Psychiatric Disorders.
- 2) Explanation of 10 remedies with small video clips.

# CLASS 12

1) Materia Medica of the remedies useful in Psychiatric Disorders.

Explanation of 10 rare remedies with small video clips.

2) Salute to Childhood- a video with multiple rubrics and their medicines.